

ANZCA 2017 – Postgraduate and Early Career Research Pre-Conference

Panel: Academic work, life, and wellbeing: challenges and strategies

Four scholars will share their experiences and answer questions about navigating a work/life balance in academia.

Dr Janet Fulton is a Senior Lecturer in Communication and Media at the University of Newcastle in Australia and teaches and researches in the area of journalism, journalism education, the future of journalism, social media, work-integrated-learning, and creativity and cultural production.

Janet's research in these areas has been presented at national and international conferences and published in books and journals including *Continuum*, *Media International Australia*, *Australian Journalism Review* and *Javnost: The Public*. She is co-editor of *The Creative System in Action: Understanding Cultural Practice and Production*, published in 2016 by Palgrave MacMillan UK and *Creating Space in the Fifth Estate*, published by Cambridge Scholars Publishing in 2017. Janet has a PhD in Communication and Media Arts from the University of Newcastle. Her dissertation, titled *Making the News: Print Journalism and the Creative Process*, investigated how print journalists in Australia interact with social, cultural and individual influences when they produce, or create, their work.

Janet is an Executive Member (NSW representative) of the Australian and New Zealand Communication Association and is on the Executive of the Journalism Education and Research Association of Australia. She is also active on social media and can be found on Twitter at @JanetFulton.

Dr Sheree Gregory is Lecturer in Innovation Management and Human Resources Management in the School of Business at Western Sydney University, where she is a member of the Institute for Culture and Society.

Sheree's research track record is in entrepreneurship, working life in creative industries, and contemporary issues surrounding work and life. Her research is published in prestigious journals such as *Entrepreneurship*, *Theory & Practice*, *Media International Australia*. Currently, Sheree is leading a three-year funded international comparative project on improved employee work/life balance and well-being in Australian and Vietnamese Small to Medium Enterprises (SMEs).

Sheree has worked on research projects with industry partners: Media Entertainment and Arts Alliance; and ARC Linkages with GM Holden Ltd. & Sydney Water; Pitcher Partners; 13 arts organisations/councils, and has involved liaison with a former Sex Discrimination Commissioner of Australia for work/family and gender research.

Dr César Albarrán-Torres is lecturer in Media and Communication. He has been widely published in academic and non-academic titles as a film and literary critic, author and translator. His current research focuses on what he calls “gamble-play media”, hybrid platforms where gambling and digital interactive media intersect. His book "Digital

Gambling: Theorizing Gamble-Play Media" will be published by Routledge in 2018. Other research interests include film and television, as well as the negotiations between social media and politics in Mexico.

Dr Crystal Abidin is a socio-cultural anthropologist who focuses on vernacular internet cultures, particularly young people's relationships with internet celebrity, self-curation, and vulnerability. She is known for her work on Influencers, a multimedia form of vocational microcelebrity on social media, and has recently written about the virality of young children on social media, young people's expression of grief on the internet, and practices of young coupling in East Asia. Crystal is Postdoctoral Fellow in Media Management and Transformation Centre (MMTC) at Jönköping University, supported by The Swedish Retail and Wholesale Development Council, and Adjunct Researcher with the Centre for Culture and Technology (CCAT) at Curtin University. Reach her at wishcrys.com or @wishcrys